First Aid Kit Monthly Check Sheet

Free sample from the Workplace First Aid Kit Checklist and Register

Greenwolf Tech Labs

US Class A kit: monthly kit check

Kit ID _____ Location _____ Year _____ Person responsible _____

Minimums from the ANSI/ISEA Z308.1-2021 Class A list. Each month: count each item, write the number on hand (or ✓ if at or above the minimum), circle anything short or expiring and restock it.

ITEM	MIN	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC
Adhesive bandage · 1 x 3 in (2.5 x 7.5 cm)	16												
Adhesive tape · 2.5 yd (2.3 m)	1												
Antibiotic application · 1/57 oz (0.5 g)	10												
Antiseptic (e.g. alcohol swab) · 1/57 oz (0.5 g)	10												
Breathing barrier (CPR)	1												
Burn dressing (gel soaked) · 4 x 4 in (10 x 10 cm)	1												
Burn treatment · 1/32 oz (0.9 g)	10												
Cold pack · 4 x 5 in (10 x 12.5 cm)	1												
Eye covering, with means of attachment · 2.9 sq in (10 sq cm)	2												
Eye/skin wash, 1 fl oz · 1 fl oz (29 ml)	1												
Foil blanket · 52 x 84 in (132 x 213 cm)	1												
First aid guide	1												
Hand sanitizer · 1/32 oz (0.9 g)	10												
Medical exam gloves (pairs)	2												
Roller bandage, 2 in · 2 in x 4 yd (5 cm x 3.66 m)	1												
Scissors	1												
Sterile pad · 3 x 3 in (7.5 x 7.5 cm)	2												
Trauma pad · 5 x 9 in (12.7 x 22.9 cm)	2												
Triangular bandage · 40 x 40 x 56 in (101 x 101 x 142 cm)	1												
Container clean, dry, sealed packs intact													
Expired items replaced													
Contents list signed and dated													
Checked by (initials)													
Date of check													